



## THE FACE OF **PSYCHIATRY**

**Bruce A. Kehr, MD — Potomac Psychiatry | Rockville, MD**

301.984.9791 | [potomacpsychiatry.com](http://potomacpsychiatry.com) | [untanglingyourlife.com](http://untanglingyourlife.com) | [drbrucekehr.com](http://drbrucekehr.com)

“**W**e leave no stone unturned in helping you to untangle your life, or the life of someone you love.” For over thirty years, this has been the guiding philosophy of Bruce A. Kehr, MD, the founder of Potomac Psychiatry. Dr. Kehr, a national award-winning psychiatrist, has also been a *Washingtonian* Top Doctor for the past four years. “We treat the whole person. Our specialists meticulously identify and treat the underlying biological, psychological, social and environmental causes of emotional

distress in children, adolescents, adults, and senior citizens; persistently striving to achieve a full recovery.” This may include innovative laboratory and genetic testing; coordination with other medical specialists, family doctors, psychotherapists and nutritionists; medication management; and nutrition and lifestyle management. “Our psychiatrists also provide caring and empathetic psychotherapy for individuals, couples and families.” Dr. Kehr’s book, *Untangling Your Life: End the Patterns that Sabotage Your Happiness* will be published later this year.