

THE FACE OF **CHILD & ADOLESCENT THERAPY**

Dr. Susan Rich — Therapeutic & Learning Centers, P-LLC

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Therapeutic & Learning Centers, P-LLC is a holistic psychiatric practice combining animal and nature therapy with evaluation and treatment of neurodevelopmental and anxiety disorders. Dr. Susan Rich specializes in neurodevelopmental disorder associated with prenatal alcohol exposure (ND-PAE) – a frequently misunderstood condition affecting 1 in 20 American children. Her peaceful setting of a hobby farm in Potomac provides a retreat from the typical Greater Washington lifestyle. By blending traditional approaches of

psychoeducation, cognitive and behavioral techniques with animal therapy, Dr. Rich teaches her patients and their parents to appreciate each other's strengths, deal more positively with their differences, and cope more effectively with life's challenges. With her emotional support dog, Copper, Dr. Rich provides personalized patient care and family-centered parent guidance. Her patients and their parents learn to attune while relaxing in nature and healing their fragile nervous systems through guided interaction with miniature goats and other therapeutic animals.