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maybe she can be in his band. He said he is also open to meeting with others and starting a band, and added "it's just a band to jam and make music." In talking about the band issue, I asked Mr. Hinckley if Elizabeth Haley had been involved in that and I told him I had had some difficulty catching up with her. He said he "totally agrees" that she is hard to catch up with but that they did discuss ideas that had fallen through including advertising in the Kings Mill Newsletter for musicians but advertising would require provision of his home phone number and his mother did not want him to do that. He also said that Ms. Haley had contacted other bands, including a church group of musicians, to find out if he could join them and they responded that he could not. He continued he would "like to get a professional sound" on his songs and have them published but said he does not want to violate the media clause. When I asked whether playing his music publicly or doing a music video would be a violation the media clause, and he responded that "we should bring that up with the judge at the hearing and let him make the decision." Mr. Hinckley told me his understanding of the media clause is that he is not supposed to give interviews to reporters and provided an example when he said to a reporter in Williamsburg to "please leave us alone" when he was approached in the parking lot of Dr. GG's office. He added that he thought the media clause had to do with not doing interviews and not writing a book, and when I asked he said he has no current plans to write a book.

Mr. Hinckley then told me of his relationships with his new friends, Bruce and Ms. L, and how those friendships developed and he described Bruce as "a good guy" and his mentor in photography that he met through Jonathan Weiss and Ms. L as "a good friend." He went on to tell me he has had several other outings with Bruce and attended events on the William and Mary campus as well as meeting with Ms. Haley in Newport News to attend outdoor concerts, as well as visiting restaurants and "doing things that I would not have normally done if it had just been left to me." I asked Mr. Hinckley how he feels doing these additional things, and he answered "it feels good now" adding "I was kinda stagnant to be honest for a few years down there because I was kind of left to my own devices." He attributes the increase in activities to Jonathan Weiss as his case manager. He then told me about his volunteering under the supervision of Les Solomon to do outdoor work and making bird houses at the Unitarian Church. He reported the next step for him after volunteering at the café at Eastern State Hospital and the Unitarian Church is to "get a paid job."

Mr. Hinckley described meeting Ms. L at his first NAMI meeting in November or December 2014. He said that one of his main goals in attending NAMI is "to meet people I can socialize with immediately." He described Ms. L as having had "some mental health issues in the past but currently very stable" and living in a group home in because her parents do not want her living at home. He told me they have music in common and he got her to play a keyboard even though she is "not extremely musically inclined." Mr. Hinckley told me he is trying not to isolate himself and he has been accused of that in hearings, so when Mr. Weiss asked him about

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they will not be euthanized." Mr. Hinckley went on to describe that he cares for 20 cats and spends over \$100 per visit at a pet store in Williamsburg to feed them. He added that while he is in Williamsburg, there is "a guy who is an outpatient who feeds them." He told me, "it sounds cold to say this, but there's nothing I miss about St. Elizabeths except my cats." I told Mr. Hinckley that in my experience at the Hospital that sometimes individuals who are placed in the community missed their interactions with people at the hospital and Mr. Hinckley told me that he did miss people at the hospital "somewhat" and would get lonely in Williamsburg because he didn't have any friends there, adding "all I had was my mother." He stated, however, now he considers he has two good friends in Williamsburg and that has helped him "tremendously" with his loneliness.

I then asked him about the change in the Hospital's previous recommendation to the current recommendation, from 17 days going to convalescent leave, and he responded that "it's just about the whole month anyway so if you're going to be out you might as well be out." Mr. Hinckley then told me that the outpatient department will be responsible for monitoring his progress for some period of time and he said "I've got complete ignorance on some of this, because I don't know the specifics of the current motion." I told Mr. Hinckley one of the differences is that on convalescent leave, as I understand the recommendation, there would not be itineraries and he said, "no, because we can't live that way. You expect me to live the rest of my life by an itinerary? I can't do it. No one can do it."

I then questioned Mr. Hinckley about his departure from the itinerary when he was supposed to be going to see the retired photographer and instead went to the recording studio, and he told me that his friend Bruce and he were about to go to see "an elderly man that lives in [redacted] and was a very well respected photographer for Look Magazine for many years." He said this man was not feeling well that day. He told me further that he had "called John Tracey the day before to see if we could hook up with musicians in the Williamsburg area, and he told him that he could come over and they could talk about it. He continued that when the visit with Bob in [redacted] fell through, he said to Bruce "let's go to, do you want to go see this guy, this guy John Tracy? You know, I know where he lives," and that is what they did. He then said that "in hindsight I should have told VJ" and that he told VJ after this happened who said that at least he should have called him on the way to the studio to tell him what he was doing rather than tell him after the fact, to which Mr. Hinckley said he understood. He described this as a "spur of the moment thing where I thought it would be a nice way to spend some time with Bruce and John Tracy." He then gave me other examples when he did call Mr. Hyde when there were anticipated changes in the itinerary before doing or not doing other things.

Mr. Hinckley went on to tell me he wants to start a band, and his friend Ms. L has been to his house a few times and he has done some musical things with her on his own equipment, but